IN THE CLAIMS

Please cancel claims 1 to 6 and re-write the claims as follows:

Claims 1 to 6 (Canceled)

Claim 7 (New) A headband comprising an expansion loop adapted to run from one side of the head over the top of the head to the other side of the head, the expansion loop being split at each side of head

a back loop adapted to run around the back of the head

a front loop adapted to run from one side of the head across the wearers forehead to the other side of the head

integrally attached side bands extending outward from at each side of said expansion loop, each side band being attached to said expansion loop at its upper end at said split and terminating in a free distal end.

Claim 8. (New) The headband of claim 7 further comprising a visor having a front piece adapted to be positioned in front of the wearer's eyes, and side pieces each of which extend from the front piece to the free distal end of said side band, and being rotatably attached to said band, said front piece carrying at its center an upwardly projecting slotted member, said front loop of said headband further having a fastening means which adjustably engages with said slot member so that the visor may be rotated

up or down to suit the wearer and then said fastening means being set to fix the up and down position of said visor.

Claim 9. (New) The headband of claim 8 still further comprising said center piece of said visor having two spaced apart elongated mounting ports adapted to be positioned before the wearers eyes and each having received therein one viewing end of a monocular, said front piece carrying an alignment adjustment support

said alignment adjustment support comprising:

- two outwardly extending projections above and at each side of each monocular,
- a threaded member carried at each of its ends above each monocular by said outwardly extending projections,
- (iii) threadably movable on and carried by each said threaded member a means for engaging the exterior surface of said monocular so that when said threaded member is rotated, said monocular is laterally moved within said elongated mounting port.